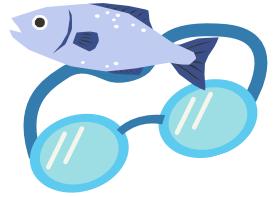


Calm Waters

SWIMMING PROGRAMS



Spring 2025 Swimming Lessons @ Clarence Middle School Pool

Registration Opens ONLINE FRIDAY

APRIL 4TH @ 7:00 PM

Make Up Levels Class: Wednesday, June 18th

Make Up Adaptive Class: Tuesday, June 17th



Level Lessons 1-7:

(30 Minute Classes)

Levels: 1-7 Wednesdays:

April 23rd - June 11th

Times: 5:30, 6:00, 6:30, & 7:00PM

Lesson Fee: \$176 (8 scheduled classes)

Levels: 1-7 Thursdays:

April 24th - June 12th

Times: 5:30PM - 6:00PM

Lesson Fee: \$176 (8 scheduled classes)



**YOU CAN FIND ALL OUR INFORMATION ON
OUR NEW WEBSITE:**

CALMWATERSSWIMMING.COM

OR FOLLOW THIS QR CODE:



**Same location!
Same times!
Same coaches!
Same log-in info!**

NEW PROGRAM NAME!

Adaptive:

Otters Adaptive Tuesdays: (30min)

April 22nd - June 10th

Time: 5:30PM & 6:00PM

Fee: \$208 (8 scheduled classes)

Adaptive & Siblings Thursdays: (30min)

For Adaptive Swimmers and Typical Siblings!

April 23rd - June 12th

Time: 6:00PM - 6:30PM

Fee: \$188 (8 scheduled classes)

Seals Adaptive Tuesdays and/or Thursdays (30 or 45 mins)

April 22nd - June 10th / April 24th - June 12th

Time: 6:30PM - 7:15PM

Fee: \$224 (8 scheduled classes)

CompetitiveAdaptive Tuesdays and/or Thursdays (45 mins)

April 22nd - June 10th / April 24th - June 12th

Time: 7:30PM – 8:15 PM

Fee: \$224 (8 scheduled classes)

SPECIAL OLYMPICS

Special Olympics is a FREE practice to those with Disabilities. "Practices" will be run as their event, like a mini-meet.

Please sign ups are for informational and participant tracking purposes.

Volunteers are welcome and encouraged!